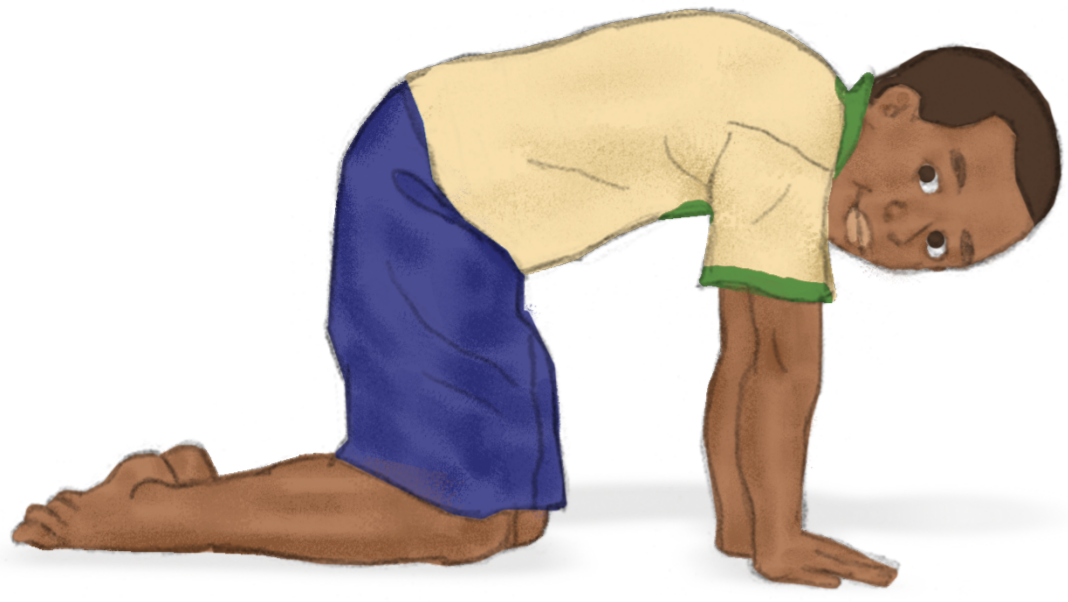
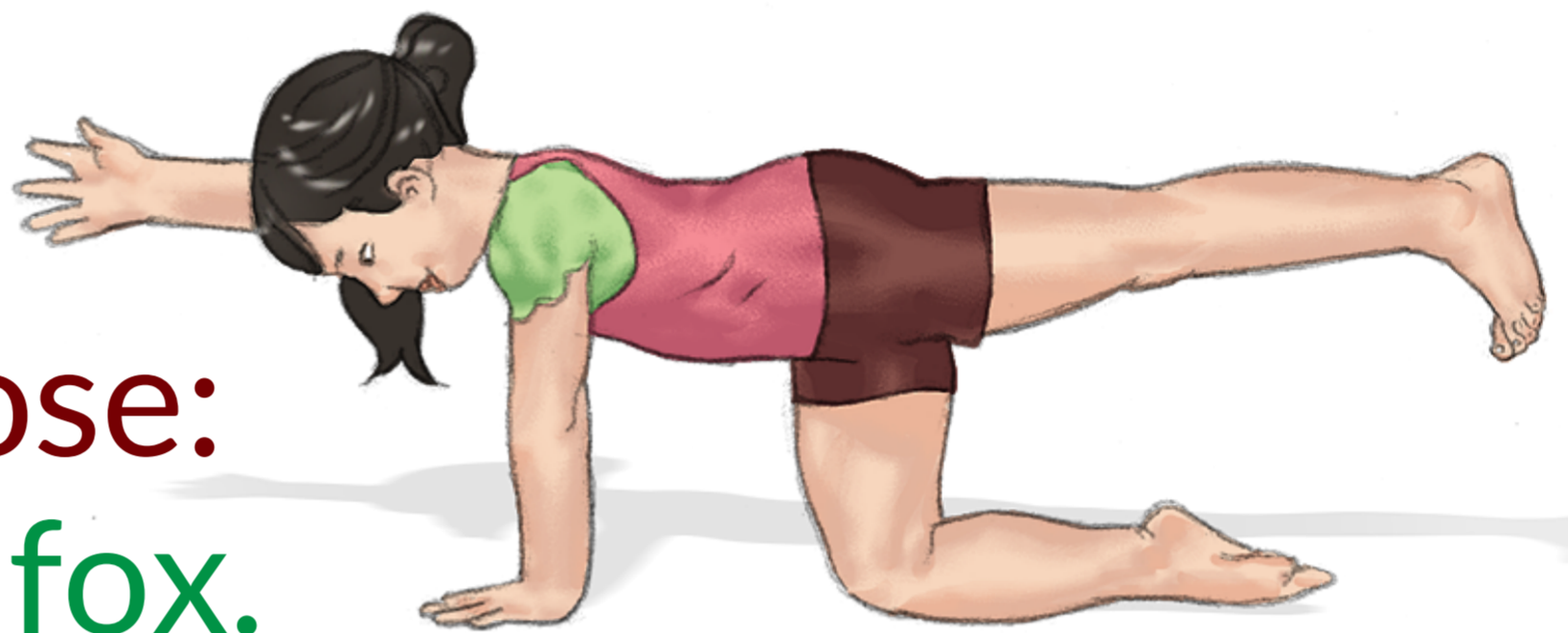


DESERT YOGA



1. Cat Pose: Pretend to be a coyote.



2. Extended Cat Pose: Pretend to be a kit fox.



3. Pigeon Pose: Pretend to be a greater roadrunner.

4. Cobra Pose: Pretend to be a rattlesnake.



5. Tortoise Pose: Pretend to be a desert tortoise.